Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield
Daily Lunch Choices Hot, Fre   Choice #1 Main Breakfast Meal   Choice #2 Cold Cereal, Cinnamon Roll, Whole Grain Donuts, WG Pop Tarts, & Selection of Bagels & Muffins   Students choose up to (1 cup) fruit which consists of: juice, fresh fruit, or canned fruit. Student are served and can choose from an assortment of fruit served in half portions					School District Breakfast Program
daily. Breakfast Menu Subject to Change.					Student Meal Pricing: Milk: \$0.65 Fruit A La Carte: \$0.75 Full Pay Breakfast: \$1.50
Don't forget to stop in for a fresh cup of coffee at the Hempfield High School Cafeteria.	<b>Reminder:</b> Students who qual price lunches eat b	ify for reduced		Gluten Free General Mills Cereals Rice Chex Cinnamon Rice Chex Cheerios Honey Nut & Fruity Cheerios Lucky Charms Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Please Check for availability	Adult Meal Pricing: Breakfast: \$2.30 April 2019
Choose Any 1 Entrée Croissant Breakfast Sandwich w/ American Cheese, Ham & Egg Cinnamon Mini OR Strawberry Splash Pancakes w/ Syrup Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	Choose Any 1 Entrée American Cheese, Egg, & Sausage on English Muffin French Toast Sticks w/ Syrup Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	Choose Any 1 Entrée Croissant Breakfast Sandwich w/ Egg, American Cheese, & Sausage Mickeys Breakfast Pizza Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	Choose Any 1 Entrée American Cheese, Egg, & Sausage on English Muffin Dutch Waffle Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	Choose Any 1 Entrée Managers' Breakfast Choice A selection of hot and cold entrees selected By the Manager Assorted Fruit Fresh & Canned Assorted Fruit Juice Milk Choice	HEMPFIELD HLACK KNIGHTS

Online Payment: To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, www.myschoolbucks.com. The system only charges a fee when households utilize the online payment options.

Meal Applications: For free and reduced breakfast and lunch benefits, apply anytime at www.ezmealapp.com.

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at <a href="http://www.fns.usda.gov/snap/contact\_info/hotlines.htm">http://www.fns.usda.gov/snap/contact\_info/hotlines.htm</a> 'In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <a href="http://www.ascr.usda.gov/complaint-filing\_cust.html">http://www.ascr.usda.gov/complaint\_filing\_cust.html</a>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>. Hempfield School District and the USDA are equal opportunity institutions and do not discriminate on the basis of race, color, national origin, sex and handicap in its activities, programs or employment practices.